

Qualification type



Delivery Mode



Attendance Mode



Delivery Language



**Duration** 

**Bachelor of Science** 

On Campus

**Full Time** 

**English** 

**Four Years** 

# **KEY FACTS**

### SDG





**Contact Persons** 

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## **CAREER PATHWAYS**

- Physiotherapist
- Administrative Physiotherapist
- Educator Physiotherapist Researcher Physiotherapist
- Public Health Physiotherapist
- Rehabilitation Product and service Industry
- Physiotherapist in Quality Control Department
- Physiotherapist in Product Development

# **PROFESSIONAL PATHWAYS**

- MSc in Physiotherapy
- National Physical Therapy Examination (NPTE)
- National Health Regulatory Authority Bahrain (NHRA) Physiotherapy License

## **OVERVIEW**

The Bachelor of Science in Physiotherapy (BSPT) Programme, produce graduates to enhance the health and well-being of individuals, families, and populations through the promotion of rehabilitation and wellbeing through Physiotherapy services. The programme is carefully crafted to introduces learners to foundation knowledge and skills in the first and second year with practice application in class in preparation for developing mastery of skills in third and fourth year.

Learners will undertake clinical training in third and fourth year of the programme in various healthcare settings including private and public healthcare facilities across the country that will provide further opportunities to apply knowledge and skills, while recognizing the relevance of ongoing learning in the context of supervised Physiotherapy training. Learners are trained to appreciate and develop their understanding and application of knowledge and skills in a structured practice setting under the supervision of registered Physiotherapists. Emphasis is placed on learners in developing their confidence and competence as independent practitioners. In the final year of the course, learners will undertake a relevant research project/ capstone project of their choice as a requirement for the completion of the Programme. Knowledge and skills in problem solving, communication, lifelong learning, team and collaborative work, ethical practices and valuing diversity in practice settings are qualities emphasized and developed throughout the Programme.

## **PROGRAMME AIMS**

- To be equipped with advance knowledge and understanding related to Physiotherapy as described by the academic, professional, and statutory bodies.
- To be equipped with applied knowledge to exercise professional and ethical judgment in the practice of the Physiotherapy profession.
- To be equipped with critical evaluation skills develop to evaluate current trends in the practice of the profession based on the latest evidence and health-care research methodology.
- To be equipped with digital competence and lifelong learning skills, including research and sensitivity to ethical issues and social responsibility to transform sustainable practices.

# PROGRAMME STAKEHOLDER SATISFACTION

Academics Survey

Alumni Survey

Employer Survey





# **ENTRY REQUIREMENTS**

Admission to Ahlia University (AU) is selective and based on academic achievement. Applications are welcomed from all students regardless of race, colour, gender, religion, nationality, physical or learning disability. Admission is purely based on merit.

### **General Admission**

To be eligible for consideration for admission to the undergraduate programmes, applicants must meet the following entry requirements set by the university in-line with Bahrain Higher Education Council (HEC) requirements. The applicant must hold a recognised and endorsed secondary school certificate or its equivalent.

# **Programme-Specific Admission**

In addition to satisfying the general admission requirements, applicants are expected to meet the following programme-specific admission requirements for admission into the Bachelor of Science in Physiotherapy (BSPT).

 Minimum academic score (Tawjihi) required is ≥ 80% or it is equivalent. Applicant specialization in Secondary School Certificate (Tawiihi) or its equivalent is Science Track Work Experience Professional Courses/Certificates Bachelor of Science in Not Applicable Not Applicable **Physiotherapy** Passing an Interview All applicants must pass an interview conducted by the department. Applicants will be subjected for an interview based on interview rubric; applicant must score minimum of ≥ 60% to be accepted.

### **English Proficiency Skills**

Applicants who fulfill one of the following English proficiency skills will be exempted from English orientation courses:

Criteria	Score
OverallScoreinSecondarySchoolCertificate(Tawjihia)oritsEquivalent	≥ %85
Average Score in English Language Courses studied in the Secondary School Certificate (Tawjihia) or its equivalent	≥ %85
Private Schools - where English Language is used as a medium of instruction	Exempted
TOEFL ibt	46
IELTS	≥ 5.5 or its equivalent
Pass Ahlia English Placement Test	%70

# **Mathematics Proficiency Skills**

Applicants who fulfill one of the following Mathematics proficiency skills will be exempted from the mathematics orientation courses:

Criteria	Score
Overall Score in Secondary School Certificate (Tawjihia) or its Equivalent	≥ %85
Average Score in Mathematics Courses studied in the Secondary School Certificate (Tawjihia) or its Equivalent	≥%85
Pass Ahlia Mathematics Placement Test	%70

### **Placement Test**

The university administers placement test in English language and mathematics. Applicants who pass the placement tests are exempted from the foundation courses.

### **Foundation Courses**

Incase applicants require foundation courses in English or Mathematics, applicants will be required to complete successfully the foundations courses to join the BSPT programme.

# STUDY PLAN

#### First Year

During the first year, learners are expose to range of foundation courses with generalized and some detailed knowledge and understanding related to general physics, general chemistry for health sciences, general anatomy and English for health and sciences that allows the learners to capture academic writing for medical reports and clinical self-reflection.

#### Second Year

In the second year, learners are provided with detailed knowledge and understanding related to Musculoskeletal anatomy, psychological aspects of disability, biochemistry, biomechanics, and introductory courses related to radiology and pathology, exercise physiology and neuroanatomy and physiology. The learners will be exposed to applied knowledge through basic clinical practice that is conducted in Physiotherapy laboratory.

#### Third Year

Within the third year, learners will be provided with advanced applied knowledge and understanding and will be equipped with critical evaluation skills for diagnostics. Topics will include manual therapy, orthopedic sports and rheumatology physiotherapy etc. During the third year, the learners will be practicing clinical practice courses in healthcare medical centers/hospitals.

#### Fourth Year

In the last year of the study, learners will be equipped with critical knowledge and understanding as well applied knowledge related to physiotherapy, learners will be practicing physiotherapy in clinical form that includes clinical neurological medicine & surgery, neurological physiotherapy and pediatric physiotherapy. Learners will be required to produce a research project in physiotherapy as a graduation requirement.

# **FEES**

Structured around 155 credit-hours covering 50 courses. The duration of study for each course is fifteen weeks, covering

approximately 45 lecture hours.	1	
Application Fee	BD 20	
Registration Fee	BD 200	
HEC ID Fee	BD 30	
First Year Courses 14 courses (Fee for thirteen courses charged at BD300; and fee for one course charged at (BD200)	BD 4,100	
Second Year Courses 12 courses (fee for four courses charged at BD330; fee for six courses charged at BD390; one course charged at BD520 and fee one course charged at BD650)	BD 4,670	
Third Year Courses 1.2 courses (fee for two courses charged at BD330; fee for six courses charged at BD420; fee for two courses charged at BD480; and fee for two courses charged at (BD640)	BD 5,420	
Fourth Year Courses 12 courses (fee for seven courses charged at BD450; fee for three courses charged at BD510; and fee for two courses charged at (BD680)	BD 6,040	
TOTAL	BD 20,480	
Additional fee chargeable if applicable		
Placement Tests Fee	BD 40	

Placement Tests Fee	BD 40
Orientation Courses	BD 1200

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