



الجامعة الأهلية
AHLIA UNIVERSITY
BAHRAIN



THE AU MENTORSHIP PROGRAMME

GIVE YOUR FUTURE A BOOST AND APPLY RIGHT NOW !

The term «mentorship» refers to a mentoring arrangement in which a person seeking to benefit from or learn from the experience of someone with more experience (the mentor) gets paired with that person (mentee).

According to (Okolie et,al, 2020) career training and mentoring can help students better formulate or envision their career plans and motivations, while setting more clear or realistic personal development plans, towards their employability.

AU MENTORSHIP PROGRAM

Ahlia mentorship programs are created to offer an ambitious platform that endeavor to offer a dynamic and lively learning atmosphere while being inclusive in involving all types of stakeholders of both genders.

The University takes pride in being able to give its students the opportunity to be paired with an experienced industry, academic or alumni mentor, through one of our four mentoring programs.

MENTORSHIP PROGRAMMES OFFERED

1. Alumni Mentoring Programme

Through this program you will engage with AU Alumni professionals who have a wealth of expertise across a wide range of fields and sectors, thus you will be able to develop professional connections and networking, gain an expert advice on where to apply and how, and hear a real-life example from someone who was previously in your shoes. Available to all undergraduate students.

2. Industry Mentoring Programme

This program is available to all undergraduate students who will get the opportunity to learn from an industry figure who will reflect on ways of improving one's different skills to ensure post-graduation professional growth.

3. Academic Mentoring Programme

This program is available to all undergraduate students who will get the opportunity to learn from an industry figure who will reflect on ways of improving one's different skills to ensure post-graduation professional growth.

4. Entrepreneur Mentoring Programme

This program is available to all undergraduate students and would be a great opportunity for aspiring young Bahraini to learn from an established and successful entrepreneur.

Turn your **Self-Doubt** into **Confidence**.
Turn your **Uncertainty** into **Clarity**.
Turn your **Interruptions** into **Attention**.
Spark your **Motivation**.

Turn your **Goals** into **Reality**.
Increase your **pool of network**.
Make your **voice hearable**.
Prepare for your **big future step** – work!

REQUIREMENTS

All AU currently registered students are eligible to register in any of the above mentorship schemes. You simply need to be aware of where you do fit, and which program will help you the most. I advise you to take some time to consider who in each plan will be of the most benefit to you in planning your future endeavors. The decision of where to register is yours to make.

REGISTRATION / COST

On AU website you will see a page that takes you into a registration link. You need to provide your details including your name, ID, major, GPA, your selected scheme and what do you expect out of participating. Information about participating mentors will be available to you to select from.

This is an excellent opportunity being made available to you for **FREE**. All you need to do is to be serious in wanting to advance your career prospectus.

HOW DOES IT WORK?

After registration, we will pair you with your chosen mentor. All schemes will run on a group basis, so you will also get the chance to meet with your peers who have alike goals and plans.

Within each program you will be expected to meet with your mentor three time at least. Extra sessions will be arranged based on the agreed need of both mentor and mentees. You need to commit to all the three sessions.

LOCATION

The meeting sessions will take place on the university campus, details of places will be advertised upon the commencement of the sessions.

NUMBER OF SESSIONS

You would be expected to meet your mentor one time each three months during the year. Any additional meetings will be arranged between you and the mentor according to the agreed need and agenda.

BEFORE YOU DECIDE, MAKE SURE TO :

1. Be available to attend all the meetings bearing in mind the mentor professional responsibilities and their limited timings. Your commitment is important!
2. Go into each meeting knowing your individual needs and have your questions prepared.
3. Capitalize the chance to join your mentor network when made available for you.

4. Do ask your mentor if there is a chance for you to join them on a site visit, in a forum, at a conference, or in any other type of development activity they may be able to connect you with.
5. MOST IMPORTANTLY, have an open heart to the mentor suggestions regarding your development goals, and be always prepared to listen, and act upon any offered advice or suggestion.

READY TO JOIN?

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